



COMMONWEALTH of VIRGINIA

*DEPARTMENT OF
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Community Resilience Project Launches Public Awareness Campaign on the Anniversary of September 11

Richmond—Emotional and physical reactions to the anniversary of the September 11, 2001 terrorist attacks are being addressed by the Department and Community Services Boards with a new campaign targeting people who live and work in northern Virginia. The Community Resilience Project will use local television and radio advertising to provide information to people in these areas about reactions to the terrorist attacks and free help that is available.

“As we get closer to the anniversary of the terrorist attacks, many of us will have reactions such as anxiety, sleeplessness, anger, sadness, and more, as we did in the days, weeks, and months that followed the attacks,” said James S. Reinhard, M.D., Commissioner. “Our children will also have reactions at this one-year mark that we need to be able to recognize and address. The Community Resilience Project is designed to help people through this difficult period with information about reactions, free counseling, and referrals for other services that may be needed. The campaign we are launching is critical in making sure people know what to expect and how to get help.”

The Community Resilience Project of Northern Virginia, funded through the Federal Emergency Management Agency (FEMA), is being administered through the Department of Mental Health, Mental Retardation, and Substance Abuse Services, and locally, by the community services boards of the City of Alexandria, and the counties of Arlington, Fairfax, and Loudoun. The free services available through the Community Resilience Project include individual and group counseling, support groups, stress management, emergency preparedness, dealing with grief and loss, children and trauma, county services referrals, and financial or economic guidance. Services are also available to the hearing impaired. To find out more, call 1-866-400-2951 (TTY: 703-228-4831) or visit www.communityresilience.com.

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